

Indigenous Peoples' MONEY AND YOUTH



Caregiver's Guide

Module 6 - Career Under Construction: Investing in You

Caregiver's Guide – Indigenous Peoples' Money and Youth

Module 6 – Career Under Construction: Investing in You

Why is this important?

As young people enter their teenage years, they begin facing important decisions about their future. The world of work has changed drastically compared to previous generations. Today's environment is much more fluid and dynamic. In the past, many individuals followed a predictable path: finish school, secure a job, work for the same company for years, and eventually retire with a company pension. However, as we transitioned into the 21st century, this model began to fade away.

Now, multiple careers throughout a lifetime are the norm, often in jobs that didn't even exist at the turn of the century. Gone are the days of relying solely on a company pension to secure retirement. Instead, today's youth must navigate a complex global job market, manage their own career paths, and make informed choices about pension schemes and retirement planning. As caregivers, we have both the privilege and responsibility to mentor and support young people as they take their first steps toward building a successful career.

Think About It



Identify a “trend” you believe is just getting started. What types of jobs do you think would be helped if this trend really developed? Can you identify two or three trends that have been big over the last two years that led to career and employment opportunities for many people?

Ways to engage young people and fun things to do:

There are a number of things that teens will have to do in order to successfully embark on a career. These include choosing a career, writing a resume, finding a job, and attending an interview, to name but a few. Below are some suggested activities that will help them with these tasks:

1. Begin a discussion with young people by asking them if they have thought about the lifestyle they would like to live as an adult. Talk to them about the water, earth and air. Talk to them about the community they are from. With their explanation as background, ask them what type of career they are considering and how it meshes with the type of lifestyle they identified. This can be followed up by looking at various careers with them and perhaps doing an interest inventory. (See websites below). (Module 7 deals with being an entrepreneur if that is of interest.)
2. As a follow-up to the activity in 1, you might make a list together of sources of information regarding a specific career choice. Talk to them about your career and the careers available to them.
3. Review with them the components of a good resume, ensuring that it follows the latest structure and style. If you are not familiar with a resume, refer them to assistance and to their teacher to review a resume.



Below are questions that can and cannot be asked in an interview. Consider reviewing them to help your child prepare, and recognize their rights.

Sample Questions Employers May Ask in a Job Interview

1. Why do you want to work in this field?
2. Why do you specifically want to work for this company?
3. What do you know about our company?
4. Why do you feel you are the right candidate for this job? What do you think you can bring to this company?
5. What things are important to you in the type of position you want?
6. How has your education prepared you for this type of job?
7. Which school courses did you like most and why?
8. Do you plan to continue your education?
9. What are your short-term goals?
10. Where do you see yourself in 5 years?
11. What do you like to do in your leisure time?
12. What are a couple of accomplishments in your life that have given you the most satisfaction and why?
13. What are some skills that you feel you have gained from your past employment and education?
14. What motivates you to put forth your best effort?
15. What is your greatest strength?
16. What is your greatest weakness?
17. What are your salary expectations?
18. What hours are you willing to work?
19. Are you flexible in these hours? Can you work overtime if necessary?
20. Are you willing to travel?

Questions Employers Cannot Legally Ask in a Job Interview

1. Are you Indigenous?
2. What health problems do you have?
3. Do you have any disabilities?
4. Have you ever been denied health insurance?
5. When were you hospitalized the last time?
6. Is any member of your family disabled?
7. Do you have AIDS?
8. Have you ever been addicted to drugs?
9. When was your last medical checkup?
10. How old are you?
11. When were you born?
12. When were you married?
13. How old are your children?
14. Where were you born?
15. What church are you a member of?
16. Does your religion prevent you from working weekends or holidays?
17. Are you a member of any First Nation, or band?
18. What's your sexual orientation?
19. Are you married, divorced, separated, or single?
20. Were you ever arrested?
21. What is your economic situation or status?
22. What is your race, ethnicity, colour?
23. What is your gender, gender identity, gender expression?

Source: The Government of Manitoba

Copyright Notice: www.gov.mb.ca/legal/copyright.html

Disclaimer Notification: www.gov.mb.ca/legal/disclaimer.html

4. If the young person is applying for a job, full or part-time, conduct a mock interview with them. For comic relief, you might watch this video together - <https://www.youtube.com/watch?v=Uo0KjdDJr1c>
5. Review the information – Some Tips on Finding a Job in Module 6 of “Indigenous Peoples' Money and Youth.”

Additional Background and Related Websites and Resources:

- Interest Inventory - <http://careerwise.minnstate.edu/careers/clusterSurvey>
- Writing a Resume - <http://time.com/money/5053350/resume-tips-free-template/>
- The Spirit of Adventure - <http://cfeespiritofadventure.com/entrepreneurs>
- Finding a Job After Graduation - <https://www.thebalancecareers.com/college-tips-to-get-job-after-graduation-4140204>